



Importance of green fields for humans

Urbanization and air pollution increasing parallel to the economic and social developments featured the need of green and nature of the people. As a part of increasing population is living in the urban areas, getting to know the environment and nature started having importance for those people living in the urban areas. Being in an intense working environment, problems about the city traffic, concretion of the working and living environments, environmental pollution have made people to search for more natural environments. Therefore in spare times especially on weekends or on holidays, people fulfill their physical and mental resting needs by going to forests or silent natural areas near them. There have been researches done to emphasize the importance of green fields for people. Those researches have stated that people go to green fields and integrate with the nature are more relaxed, rested, and concentrated than the people who don't and therefore positive effects of those areas upon human health has been proved.



"Now the nature is closer to you"



City forests



"Forest for people, forest for future"



Purpose

As a result of the increasing urbanization in the 20th century, the attention upon the green fields and forests have been increased and the expectation of the people from the nature have changed and become varied. Because of the negativities of the city life as stressful working environment, intense traffic, increasing concretion, noise, air pollution, people have been seeking more for natural environments. As there are attractive advantages of city life, its negative effects on people's health increases every day as well. Especially recently escape from the negativities of stress, noise and air pollution has started and therefore forests have been the most important silent and peaceful place to spent time which people can make use of their free time. City forests and near forests have been chosen as the most suitable solution to meet those needs and the project of "**A City forest for each city and big county**" with the purpose of planning those areas as "**City Forest**" and putting them into the service of society has taken a start



City Forestry in the World

Notion of city forestry in the world and city forestry appeared from the urban society's which are living in the cities especially according to the growth of the urban areas need of green fields. Nowadays this need increasingly continues. Individual green field ratio of 25-30m² among the developed countries varies between 1-9m² in our country. World health organization's recommendation is at least 9m² per individual

In the literature, groves that are left from the natural forests inside or near the city, forests that are established afterwards (including the green generation plantations), city parks and family plantations are included in the scope of city forestry. City forestry includes the forestry applications related to the city forests. Purpose of the City forests is to create environments which the society living in the city can be alone with the nature itself by getting away from the negativities of especially stress, traffic, noise and air pollution.

City Forestry in our Country

With the urbanization in our country, society's demand for forested lands near the city has increased. To meet this demand, "City Forests" project has been started. Within this application we define the "city forest" as; forested lands planned with ecological, social and cultural purposes according to fulfill the needs and presented for the benefit of especially the city society within the scope of criteria of this purpose



Within the City Forests project, a part of the forested lands located near or adjacent to the city is going to be transformed to City Forests to present the social, cultural, aesthetic and sportive functions of the forests to the city residents and therefore a contribution will be made upon the forest-society unity



City Forests are not picnic sites

As can be understood from the founding purpose, the city forests; besides the sense of traditional picnic (picnic with bonfire), will be established to meet the people's need of physical and spiritual resting and to ensure the integration with nature, inflict forest love and raise awareness. Concrete buildings which are permanent by characteristic will not take place within the city forest, the buildings which will be established are going to be wood and nature compatible.

